

PERSONAL/(LOTHING/TOILETRIES

SHIRTS	SHORTS	PAJAMAS
THERMALS	SWIM SUIT	нат
HIKING SHOES	FLIP FLOPS	RUNNING SHOES
socks	GLOVES	SUNSCREEN
TOOTH PASTE	SHAMPOO & SOAP	FIRST AID/PRESCRIPTIONS
RAIN JACKET	LIP BALM	DEODORANT

GEAR/SHELTER

TENT		TENT PEGS	REPAIR SHEETS	
FLASHLIGHT		BUG SPRAY	CAMPING CHAIRS	
ВАСКРАСК	PICNIC BLANKET		MATCHES/LIGHTER	
TOWELS		ROPE	PILLOW	
SHEETS		BINOCULARS	LANTERN	
SLEEPING BAG		AIR MATTRESS/PUMP	GROUNDSHEET	

KITCHEN TEMS

CAMP STOVE	EXT	RA FUEL	PLASTIC OR STEEL MUGS
PLASTIC OR STEE	L PLATES UTE	NSILS	SHARP KNIFE
MIXING BOWL	woo	DEN SPOON	CUTTING BOARD
POTS	FRYI	NG PAN	STRAINER
SPATULA	PAPI	ER TOWELS	DISH SOAP
CONDIMENTS	GAR	BAGE BAGS/ZIPLOC BAGS	OVEN MITTS



CAMPING MEAL PLAN

DAY	BREAKFAST	Гписн	DINNER	SNACK	NOTES

SHOPPING LIST/	NOTES	



